

TREACYS OAKWOOD HOTEL

SHANNON
★★★★

SOPHIE'S BISTRO

Our chefs only purchase local produce where possible and always ensure the freshest of ingredients with great emphasis on keeping in touch with the seasons.

- STARTERS -

Homemade Soup of the Day (V) (ACF) <i>Homemade Guinness soda bread. Please ask your server for today's soup</i>	€5.75	Warm St Tola's Goats Cheese (ACF) <i>Candied pecan nuts, beetroot puree & baby leaf salad</i>	€9.25
Hot & Sticky Chicken Wings (CF) <i>Tossed in a spicy BBQ sauce OR hot Louisiana sauce, celery sticks & blue cheese dip</i>	Starter €8.75 Main €11.95	Oakwood Smoked Salmon on Brown Bread <i>Lemon, capers, roasted baby beets & homemade Guinness soda bread</i>	€10.75
Tournafulla Fried Black Pudding Salad <i>Fried black pudding rolled in oats, organic leaves, apple & cider dressing</i>	€8.50	Smoked Chicken & Chorizo Salad (ACF) <i>Sundried tomatoes, garlic croutons & balsamic dressing</i>	€8.75
Classic Caesar Salad (ACF) (VO) <i>Crisp cos lettuce, garlic croutons, crispy smoked bacon lardons & Caesar dressing</i>	Starter €8.50 Main €12.25	Garden Pea and Asparagus Risotto (V)(ACF) <i>With parmesan shavings and white truffle oil</i>	Starter €8.75 Main €14.50
Add Chicken	€2.50		

- MAINS -

Beer Battered Fish & Chips <i>Cod, mushy peas, tartare sauce & cut chips</i>	€15.95	Rigatoni Pasta <i>Smoked chicken, bacon lardons, onions & mushrooms</i>	€16.25
Homemade Grilled 8oz 100% Irish Beef Burger (ACF) <i>Cheddar cheese, smoked rashers, onion rings & cut chips</i>	€15.75	Half Roast Crispy Boneless Duck (ACF) <i>Drizzled with an orange & red wine reduction</i>	€22.50
Korean Style Chicken Burger <i>Floury bap, wasabi mayo, red slaw & cut chips</i>	€15.75	Grilled 10oz Irish Sirloin Steak (CF) <i>Cooked to your liking, onion rings, cut fries, roast garlic butter or pink peppercorn sauce</i>	€25.50
Thai Green Chicken Curry (V)(ACF) <i>Coriander infused basmati rice</i>	Vegetarian €14.50, Chicken €15.50, Prawns €17.50	Grilled 10oz Irish Ribeye Steak (CF) <i>Cooked to your liking, onion rings, cut fries, roast garlic butter or pink peppercorn sauce</i>	€26.50
12hr Slow Roasted Pork Belly (CF) <i>Buttered savoy cabbage, baby carrots, creamy mashed potatoes & apple cider jus</i>	€18.50	Fresh Tagliatelle Pasta <i>Grilled tiger prawns, chorizo, chilli, lime & garlic cream</i>	€17.50
Stir Fry (V)(ACF) <i>Egg noodles, crispy vegetables, ginger, garlic, chilli & coconut sauce</i>	Vegetarian €14.50, Chicken €15.50, Prawns €17.50	Grilled Fillet of Salmon (CF) <i>Teriyaki dressing & toasted sesame seeds</i>	€19.50
		Jerk Chicken Supreme (CF) <i>Pineapple salsa, steamed bok choy and basmati rice</i>	€17.50

- SIDES -

Cut Chips	€4.00	Steamed Basmati Rice	€4.00
Crispy Onion Rings	€4.00	Organic Leaf Salad	€4.00
Red Slaw	€4.00	Grilled Corn on the Cob	€4.00

Our dishes may contain traces of nuts. Please ask your server for our allergen information. Our beef is **100% Irish Origin** and sourced locally when possible.
V: Vegetarian friendly dish | **CF:** Coeliac friendly dish | **VO:** Vegetarian option available | **ACF:** Coeliac friendly option available