

# TREACYS OAKWOOD HOTEL

SHANNON  
★★★★

## SOPHIE'S BISTRO

Our chefs only purchase local produce where possible and always ensure the freshest of ingredients with great emphasis on keeping in touch with the seasons.

### - STARTERS -

<b>Homemade Soup of the Day (v) (acf)</b> <i>Homemade brown soda bread</i>	€5.25	<b>Sautéed Prawns Pil Pil (acf)</b> <i>With crispy dipping bread</i>	€8.75
<b>Homemade Atlantic Seafood Chowder (cf)</b> <i>Dill, Pernod, homemade brown soda bread</i>	€7.00	<b>Sautéed Calamari &amp; Chorizo (acf)</b> <i>Garlic, chilli &amp; tomato olive oil, rustic dipping bread</i>	€8.50
<b>Hot &amp; Sticky Chicken Wings (cf)</b> <i>BBQ sauce OR Louisiana Sauce, celery sticks, blue cheese dip</i>	€8.75	<b>Oakwood Smoked Salmon (acf)</b> <i>Lemon, capers, roasted baby beets, homemade soda bread</i>	€10.25
<b>Classic Caesar Salad (acf) (vo)</b> <i>Crisp cos lettuce, garlic croutons, crispy smoked bacon lardons, Caesar dressing</i>	€8.25	<b>Chicken &amp; Chorizo Salad (acf)</b> <i>Sundried tomato, garlic croutons &amp; mustard dressing</i>	€8.50
<b>Add Chicken</b>	€1.50	<b>Garlic Bread</b>	€5.75
		<b>Add Mozzarella Cheese</b>	€6.75

### - MAINS -

<b>Fish &amp; Chips</b> <i>Beer battered cod, minted mushy peas, tartar sauce, cut chips</i>	€15.25	<b>Grilled 9oz Irish Sirloin Steak (acf)</b> <i>Grilled flat mushroom, onion rings, cut fries, roast garlic butter or peppercorn sauce</i>	€23.50
<b>Homemade 8oz Beef &amp; Blue Cheese Burger</b> <i>100% Irish beef burger, Cashel blue cheese, portabello mushroom, crispy bacon, onion rings &amp; cut chips</i>	€15.75	<b>Grilled 9oz Irish Rib Eye Steak (acf)</b> <i>Grilled flat mushroom, onion rings, cut fries, roast garlic butter or peppercorn sauce</i>	€23.50
<b>Homemade 8oz Beef Burger</b> <i>100% Irish beef burger, cheddar cheese, smoked rashers, onion rings &amp; cut chips</i>	€15.75	<b>Stir fry (v) (cf) Chicken €15.50, Prawns €17.50, Vegetarian €14.50</b> <i>Egg Noodles, crispy vegetables, ginger, garlic, chili, coconut sauce</i>	
<b>Southern Fried Buttermilk Chicken Burger</b> <i>Coriander, lemon and yoghurt dressing</i>	€15.25	<b>Tagliatelle Pasta</b> <i>Tiger prawns, crispy calamari, chilli, garlic and lime cream</i>	€15.50
<b>Thai Green Curry (acf) (vo)</b> <b>Chicken €15.50, Prawns €17.50, Vegetarian €14.50</b> <i>Vegetable curry, coriander basmati rice</i>	€15.25	<b>Half Roast Crispy Boneless Duck (cf)</b> <i>Black cherry sauce</i>	€21.50
<b>Linguine Pasta</b> <i>Smoked chicken, smoked bacon &amp; mushrooms in a tomato &amp; basil sauce</i>	€15.00	<b>Philly Fillet Cheese Steak Sandwich</b> <i>illet of beef, onions, melted cheddar cheese, cut chips</i>	€16.50
<b>12 Hour Slow Roasted Pork Belly (cf)</b> <i>Roasted garlic vegetables &amp; a cider jus</i>	€17.25	<b>Braised Beef Cheek (cf)</b> <i>Rosemary roast root vegetable, creamy mash &amp; a red wine jus</i>	€16.50
<b>Sautéed Seabass</b> <i>Chorizo, cherry tomato, baby spinach &amp; pesto dressing</i>	€18.50	<b>Sophie's Special of the Day</b> <i>Please ask your server for today's dish</i>	
		<b>Roast Fillet of Salmon (cf)</b> <i>Sautéed summer greens &amp; baby potatoes</i>	€18.50

### - SIDES -

<b>Cut Chips</b>	€3.50	<b>Red Slaw</b>	€3.50
<b>Crispy Onion Rings</b>	€3.50	<b>Steamed Basmati Rice</b>	€3.50
<b>Creamed Spinach</b>	€3.50	<b>Organic Leaf Salad</b>	€3.50
<b>Baked Potato</b>	€3.50	<b>Grilled Corn on the Cob</b>	€3.50

Our dishes may contain traces of nuts. Please ask your server for our allergen information. Our beef is **100% Irish Origin** and sourced locally when possible.

**V:** Vegetarian friendly dish | **CF:** Coeliac friendly dish | **VO:** Vegetarian option available | **ACF:** Coeliac friendly option available